



2013 New Jersey Cycling
Time Trial Cup

RULES & GUIDELINES

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Article I. NJC Time Trial Guidelines Overview

- (a) The following Rules & Guidelines have been developed by the NJC Time Trial Committee for the benefit of our time trial series race promoters and our race participants. The purpose of the Guidelines is to remind both promoters and racers of the important components involved in hosting an NJC TT Cup Event and of the overall Series. The Time Trial Cup Committee reserves the right to modify or change these Rules, Regulations and Guidelines at any time, in the sole discretion of the Time Trial Cup Committee;
- (b) Conditions for Participation - By participating in the Time Trial Cup, promoters and racers are hereby agreeing to follow all rules and guidelines, and to pay heightened attention to all suggested items. Any promoter who fails to adhere to the mandatory items shall not be considered for future participation in the TT Cup Series, and may have his race removed from the Series with no advance notice required. Any rider who fails to adhere to these rules may be disqualified from the Series, and prohibited from racing future events in the Series in the current year, or in years subsequent.
- (c) TT Cup Committee Support – All promoters or racers should feel free to call upon members of the NJC TT Cup Board if you need any help or support. While the members themselves might not be able to provide the assistance, we have many resources upon which we can call to help resolve situations. This is not to suggest you should be looking at this support option as a first choice in some areas, but use it as necessary. We are all in this together to create top-flight events.

Article II. TT Cup Committee Contact Info

As of January 2013, the TT Cup Committee is comprised of the following Members:

- i) Chris Fritz, cfritz64@comcast.net
- ii) Chuck Crocco chuck.crocco@yahoo.com
- iii) Tom Mains tommains@njbikeracing.com
- iv) Teresa DiSessa tapiccola10@aol.com
- v) Kenneth Lundgren coach@EliteEndurance.com
- vi) Dana Fallon drdanafallon@verizon.net
- vii) Mark Curran mark.7wx@gmail.com

Article III. Rider Qualifications to participate in the TT Cup

Any rider may participate in the individual time trial events.

For 2013: Out of State riders who are registered on NJBA teams in good standing may compete in the Cup. A rider must have their team designation imprinted on their USAC license, or have a written letter from their Club president stating that the rider is a member of the Club. The rider's Club must be a member in good standing with the NJC. Good standing includes being fully paid no later than April 15, 2013. At that point, if unpaid, no points will be counted toward the Time Trial Cup standings.

In the event a rider or club is not in good standing with either the USAC or the NJC at the time of any race, no points from races where any deficiency existed shall be credited to the rider. It is entirely the responsibility of the rider or the riders' team to ensure they are in good standing with the USAC and the NJC. There will be no exceptions. Again, please note that no points will be later additionally computed, back credited, or provided for any time period where a deficiency existed or exists. It is the Riders' responsibility to ensure personal and team compliance.

Article IV. Race Categories

TT Cup Categories for 2013 will include; Junior Men 10-12; Junior Men 13-14, Junior Men M15-16, Junior Men 17-18, Junior Women 10-14; Junior Women 15-18, Senior Men (P12345), Cat 4/5 Men, Masters 35+, Masters 45+, Masters 55+, Masters 65+, Senior Women, Cat 4 Women, Non TT Bike Senior Men, Non TT Bike Senior Women.

In the Non TT Bike Category, riders in this class will compete without Aero Bars or extensions. Disc wheels and Aero helmets are not allowed. Skinsuits are allowed..

Other than at the NJITT, promoters must ensure that they have, at minimum, the above-mentioned categories in all their events. This is a condition to being a promoting event in our TT Cup Series. The above categories must be provided, with no exceptions or changes so participating athletes can properly score points for the TT Cup categories in which they are competing. Promoters may add additional categories if they desire as long as all the categories noted above are present.

Article V. Race Items

2013 Cup Calendar

Date	Event	Location	Note
April 13	Readington	Readington, NJ	
April 20	LBI	Harvey Cedars (LBI), NJ	
April 21	Cape May	Cape May, NJ	
April 27	High Point Hill Climb	High Point State Park, Montague, NJ	
May 4	Somerset Circuit	Readington, NJ	
May 18	Seaside TT	Seaside Park, NJ	
May 19	Upper Freehold	Upper Freehold, NJ	
June 2	State ITT	Chatsworth, NJ	
July 7	Flanders	Chester, NJ	*See Note
July 21	Honoring Sandrino's Sacrifice TT	Mullica Hill, NJ	
July 27	Blueberry	Hammonton, NJ	
August 11	Silvermine	Harriman, NY	

Scoring

The State ITT will be worth 50 percent more than the other events.

If fewer than 20 riders participate in any event category, the points awarded shall remain unchanged and awarded as noted below for all participating riders who participate and score in the race.

In the event of a tie score/time as determined by the USAC officials, the TT Cup points awarded for such placings representing the tied riders shall be aggregated and shared evenly amongst the tied riders. To score, a rider must not only register and start a race, but must also finish and be given a scored time. Any rider who “does not start”(DNS) or “does not finish” (DNF) shall not be awarded any points irrespective if the promoter includes the riders or bib number on the scoring sheets. A rider must finish with a scored time to be awarded TT Cup points.

Scoring (continued)

Place	All events except State ITT	State ITT
1	20	30
2	17	26
3	15	23
4	13	20
5	11	17
6	10	15
7	9	14
8	8	12
9	7	11
10	6	9
11	5	8
12	4	6
13	3	5
14	2	3
15	1	2

Juniors Excluded from Flanders

Due to conditions imposed on the promoters by local authorities, Juniors are not permitted to race the Flanders Time Trial. Thus, the Junior riders will have one less event comprising their TT Cup calendar. Again, to restate this important point, no junior will be permitted to race Flanders, and thus accordingly, no junior shall receive any points for this event. The total number of events in the Junior calendar shall be equal to the total # of events in which a Junior rider is eligible to race. Thus, Juniors will have a calendar equaling one less event than the adult categories. Experienced Juniors in the 17-18 age category are permitted to compete in the Non-Time Trial and Senior Men category for this event and score in that Cup category.

Out of State Riders May Compete in the Cup

The 2013 TT Cup will allow point scoring from “out of state” riders who are registered on NJBA teams in good standing. However, out of state riders will only be able to compete in the Out Of State category in the State Time Trial Championship. It is the intent of the NJ Time Trial Cup Committee to attract a few more riders to our Series, and to preserve its appeal for years to come.

Event Category Registration

At each race that is part of the TT Cup, all riders competing for the TT Cup Series must register in their respective TT Cup category at each race comprising the TT Cup with the possible exception of the New Jersey Individual Time Trial Championships, as noted below.

For example, a rider competing in the Masters 35+ TT Cup grouping must register in the M35 field at each individual race in order to receive M35 TT Cup points. The sole exception is as follows: At NJITT, New Jersey Individual Time Trial Championships, due to the age brackets, riders may earn TT Cup points though racing in a NJITT age group one five year increment greater than their TT Cup group. For example, at NJITT there are groupings in 5-year increments, while the TT Cup may have 10-year increments. Thus, for example, a rider who is 42 years old, who has been competing in the M35 groupings at all other events, may elect to race the 40+ NJITT category. Despite racing the 40+ category, all results from the 35 and 40 plus category, as it relates to TT Cup points, shall be aggregated. It should also be noted that the riders in the NJITT 35+ and NJITT 40+ fields shall be considered as one field as it relates to determining NJC Cup Series scoring. For example, a rider in the 40+ may win that category, win the NJITT Champion's Jersey for the 40+ field, but if 2 riders from the NJITT M35 category have faster times, then in aggregating the 35+ and 40+ NJITT fields, that 40+ rider shall replace "third place" points. Despite having won his 40+ category, in aggregating the two categories, he had only the third fastest time.

As such, the following categories will be aggregated as noted below:

1. NJITT 35+ and NJITT 40+, aggregated to calculate TT Cup category 35+
2. NJITT 45+ and NJITT 50+, aggregated to calculate TT Cup category 45+
3. NJITT 55+ and NJITT 60+, aggregated to calculate TT Cup category 55+
4. NJITT 65+ and NJITT 70+, aggregated to calculate TT Cup category 65+

Attention NJC TT Cup Series Category 4/5 Riders:

Due to USAC's regulations regarding State Championships, there is no Category 4/5 State Championship field at the NJITT. To earn 4/5 TT Cup Series Points, 4/5 Category riders wanting to earn Cup points can enter either the Senior Men race (19-34) OR the Masters 30+ race (assuming they qualify for the fields based on the riders' age).

In calculating TT Cup Series points, we will aggregate and compile the 4/5 TT Cup Points based on the results of the 4/5 riders results in either of those two fields. Those two fields should be run adjacent to one another thus experiencing similar road conditions. It is important to note that if any 4/5 rider enters any other category other than the Senior Men, or the Masters 30+, then their score will not count as it relates to the 4/5 TT Cup Series, though they may earn TT Cup Series points in that other age grouping. It is the riders' responsibility to ensure they have registered themselves properly in the correct field.

In sum, Category 4/5 riders aiming for Category 4/5 TT Cup Points most register in the Senior Men, or the Master 30+ field in order to earn 4/5 TT Cup Points

Tie Breaker at Season End

At season-end, in the event there are riders in the same Cup classification with the same number of total points, then the Tie Breaker shall be the rider who has the highest score at the NJ Individual Time Trial Championships;

Mandatory Dropped Race or Races

For the 2013 season, we will have twelve (12) events with the lowest 2 scores dropped. In determining the final computation of the TT Cup Series total points for each rider, the final computation as performed by the TT Cup Committee shall require that each rider mandatorily drop the riders' 2 lowest scores as noted below. These dropped scores shall be "dropped" at season end in the final computation by the TT Cup Committee.

The term Lowest Score shall be deemed to include any race where a rider in fact completes the race and receives a placing or score or Cup points, as well as any race in which a rider started but "Did Not Finish", or any race in which a rider "Did not Start", or any race in which a rider failed to register and compete. Hence, a rider need not race a race to drop that particular race. Thus, a DNS, DNF or Failed to Register/Compete shall be considered "scores" for the sake of the mandatory dropping of scores as noted below.

Article VI. Additional Promoter Requirements

All Promoters hereby agree to promote and put forth their time trials in line with the Rules and Regulations contained here; In the event a Promoter or Race fails to adhere to these Rules and Regulations, the Time Trial Cup Committee reserves its right to immediately withdraw any such even from the TT Cup Series, at any time.

TT Cup Race Application - All promoters, unless exempted by the TT Cup Committee in writing, must submit a TT Cup Race Application so that the TT Cup Committee may make such a determination as to whether the race shall be included in the TT Cup Series. The Application shall disclose many relevant items, including how the promoters previous TT promoting experience, how the promoter intends to properly score and computer placings (must be done electronically; no hand computation of final times or results), as well as a description of the course and other material components of the race. The TT Cup Committee shall thereafter advise the promoter in writing, or email, as to its determination as to whether the race shall be part of the TT Cup Series.

Pre-registration – Promoters may permit same-day registration yet can only do so if they can ensure that same-day registrants are sorted and given start times that are within, or adjacent to the riders correct racing category and in line with the Starting Order

requirements noted below herein. Promoters may “build in” a couple of “blank” slots between each category which will serve to create time cushions between differing racing categories, but then can also be used to slot in same-day registrants. (See more below). If a promoter cannot ensure that same-day registrants can be started within, or adjacent to their category competitors, then the promoter cannot offer same-day registrant. We strongly recommend limited registration to preregistration in advance of the race, avoiding any same-day registrations.

Unless an exception is permitted by the TT Cup Committee, online Registration must remain open at least until Wednesday preceding the event, until at least 9 pm at night. A promoter may leave registration open longer or later in the week as long as they can properly handle their back office and other administrative responsibilities so as to comply with our other requirements herein.

Fee Limits - No promoter may charge a rider a registration entry fee in excess of \$30.00 (thirty dollars) per event. This \$30.00 cap shall include any and all NJC and USAC fees imposed on the Promoter, but shall not include any BikeReg or other registration fees not collected by the promoter directly. If the promoter imposes a late or day-of additional fee, then the total amount collected may be greater than \$30.00. The Committee has agreed to allow promoters to charge a late fee of up to \$10.00 one week prior to the event.

Refunds or Rain dates - In the event a race is cancelled in whole, or in part, for no fault of the riders, then the promoter must reimburse all riders their entire entry fee, or provide notice in advance of rain date for the event. If no rain date is provided in advance, and the event is not rescheduled, then the promoters must refund entry fee monies to riders within a reasonable number of days subsequent to the cancelled event.

USAC Regulations – Promoters may not impose any bike or equipment standards (such as prohibiting disc wheels or aero helmets), without getting advance permission from the TT Cup Committee. Promoters must advise and receive permission from the TT Cup Committee if their race is not USAC conforming. For example, if a promoter is going to prohibit the use of aero bar extensions, this must be a) disclosed to the TT Cup Committee in advance and receive TT Cup approval, and b) be clearly presented on preregistration and other marketing materials so all riders are aware of the condition. Otherwise, all USAC regulations pertaining to bicycle equipment, clothing and other regulations shall be controlling.

Note the following change in the USA Cycling Rules for 2012-2013

- 1. Beginning in 2012, riders 12 and under were restricted to massed-start bicycles in all events. In 2013, this rule will also apply to the 13-14 year old class.*
- 2. A massed-start bicycle is a road or track bicycle that is legal in all events within the road or track discipline, rather than a bicycle that is restricted to*

particular events. Handlebars for massed-start bicycles may not have forearm supports nor handlebar extensions or attachments that point forward. So, riders with a racing age of 14 or under are restricted to road or track bikes with standard handlebars even for time trials.

USA Cycling and the U.S. Anti-Doping Agency

In order to maintain a level, drug-free racing environment, we work closely with the U.S. Anti-Doping Agency (USADA) to implement a robust athlete testing program that includes all levels of competition, as well as out of competition testing. Therefore, it is important for you to remember that as a member of USA Cycling, you could be subject to testing by USADA at any time during our Cup, with, or without notice.

Start Order & Numbering - Race promoters shall ensure that riders are grouped according to their Categories such that all riders of same categories are grouped together and have similar start times with no riders from other categories lying in between similarly categorized riders. (i.e.: Senior Men, Masters 35, Masters 55). We recommend running the Men 4/5 subsequent to the Senior Men so the Senior Men have less of a chance of riding into and through the 4/5 fields.

Rider Sorting, Starting Order - Promoters must sort no less than the highest ranked five (5) riders within each NJC TT Cup categories such that the NJC TT Cup points leaders within each category are starting last. For example, the Series leader should be the last rider in the category to start with riders ranked lower than the leader starting before the leader in reverse order. For example, the rider in 6th place would start, and then the 5th place rider, then the 4th place rider, then the 3rd, then 2nd and then the Series leader would start very last in the Category grouping. The TT Cup requires a minimum sorting of the top 5 category leaders though we suggest going deeper to provide more synergy to the Series.

Time Gaps - Promoters should have time gaps no less than 30 seconds. Suggestion: promoters will help themselves if, when creating start lists, they put a few (2 recommended) 30 second “blank slots” in between categories. This will help create a cushion and separate categories and avoid, for example, a junior being too overrun by a faster rider behind. As well, those gaps will ensure that if you’ve missed anyone, or have to make a race-day addition or exception, you have some slots you can fill last minute.

We strongly recommend assigning these “blank” slots actual race bib numbers so there is no confusion or mistaken start times on the line. These blank slots should get start numbers, and the officials will “start” these vacant slots (basically, just letting the time go

by with no rider up). Ensure your manual start sheets that you provide to the officials have these blanks listed clearly:

- a) “# 229 Tom Jones 10:02:30
- b) “# 230 BLANK 10:03:00
- c) “# 231 BLANK 10:03:30

Time keeping / Scoring - This item is one of the most critical items. In all situations, Promoters must use some form of Electronic timing or scoring, as best possible to ensure accurate and timely results. This would include use of a spreadsheet program into which rider start and finish times shall be inputted, and the program shall generate computed times and scoring. While manual-scoring sheets may, and should, be maintained by race officials or timing persons as backup, as a failsafe in the event of a technical failure, the promoter must utilize an electronic, spreadsheet, database-type system. ** The NJC TT Cup Committee can refer promoters to parties who can handle the electronic scoring for minimal monies. The TT Cup Committee reserves the right to require proof of such timing or scoring before including the event in the Series.

DNS and DNF – TT Cup points are only awarded to riders who start a race and finish a race. If a rider starts but “does not finish”, or registers but “does not start”, then that rider shall not be awarded TT Cup Series points. As such, all race promoters must clearly notate any registered rider who either a) does not start, b) does not finish or c) does not get a scored time for any other reason. We ask that any riders who do not start or do not finish have their scores on the final scoring sheet properly notated with DNS or DNF notations.

Results, Protests - Promoters should strive to quickly present correct and timely results in initial draft form, then, after presenting “FINAL” results. Subsequent to posting “Final” results, there shall be a 15minute protest period during which riders or officials may modify and correct results. After the 15minute protest period has elapse, if no further disputes or issues have been presented, then the results become final and non-appealable. Promoters shall ensure they announce loudly that results are posted, and notate the beginning of the 15-minute appeal period.

No Promoter shall, subsequent to the protest period, modify any results whatsoever without advising the NJ TT Cup of such a proposed change and receiving the TT Cup’s permission to modify such results. The rationale for this is that each race has a significant and material impact on the TT Cup Series points that a rider attains. A rider in the Cup chase has an expectation of knowing that, once the 15 minutes have elapsed, they can leave the race without worry that the results, and Cup points earned, will not change without their being present to defend their points and position.

Residual Issues, Disputes, and Appeals - Promoters shall record and memorialize any issues with scoring or disputes, and shall forward to the NJ TT Cup an electronic copy of

the final results and placings. The Final results must be sent to Mark Curran - mark.ki7wx@gmail.com within 48 hours of the end of the event.

Submission of Results - Promoters must provide an electronically formatted list that includes both ALL registered riders and final results to the TT Cup Committee no later than 2 days after the event. Please make note of this change from years past in which only final results were required to be submitted. The results must be in electronic format, such as Microsoft Excel, with all the following fields in the results file:

1. *Rider First Name*
2. *Rider Last Name*
3. *USAC License number*
4. *Team*
5. *Category (if junior or masters, must break it out by age)*
6. *Place/result within Category*
7. *Time*

Start Line - The promoters must provide a rider holder to hold riders at the start time; this must be provided, other than in the Team time trial events or team time trial categories.

Marshalling - the Promoter shall provide sufficient and ample marshals to ensure a safe and proper event; Marshalls should be provided with orange vests and cones, and instructed as to how to properly flag/point riders thru turns, and where to stand to marshal properly; No material intersection or turn can be without a marshal protecting the rider's safety. Promoters will ensure they spend time with the marshals explaining proper technique for waiving riders thru turns or around cones.

Turn around Signage, Cone, and Finish Line - Promoters shall post at minimum of 1 (one) sign/advisory stating the distance to the turn around cone (if any), approximately 500meters from the turn around, stating the distance to the turn around. A Turn around cone shall be designated by a single orange "large" or other highly visible cone, with a "turn around marshal" adjacent to the cone advising riders to turn.

Finish Line - Promoters shall post a sign/advisory no less than 500 meters from the finish line, stating the distance to the finish. The finish shall be clearly marked by a line, or tape, across the road, as well as an orange cone positioned directly on the finishing line, on the side of the road.

Article VII. Mandatory use of the TT Cup Logo

The promoter shall include the NJC TT Cup Logo on the promoters BikeReg or other registration website; on the Promoters' Club's website if such a website is maintained where the race is presented and discuss; on any and all other materials where the race is

presented, marketed, promoted or discussed. It shall be a small logo that shall designate the race as part of the Series. The logo shall be provided to the promoters in the coming months. It will not be obtrusive.